

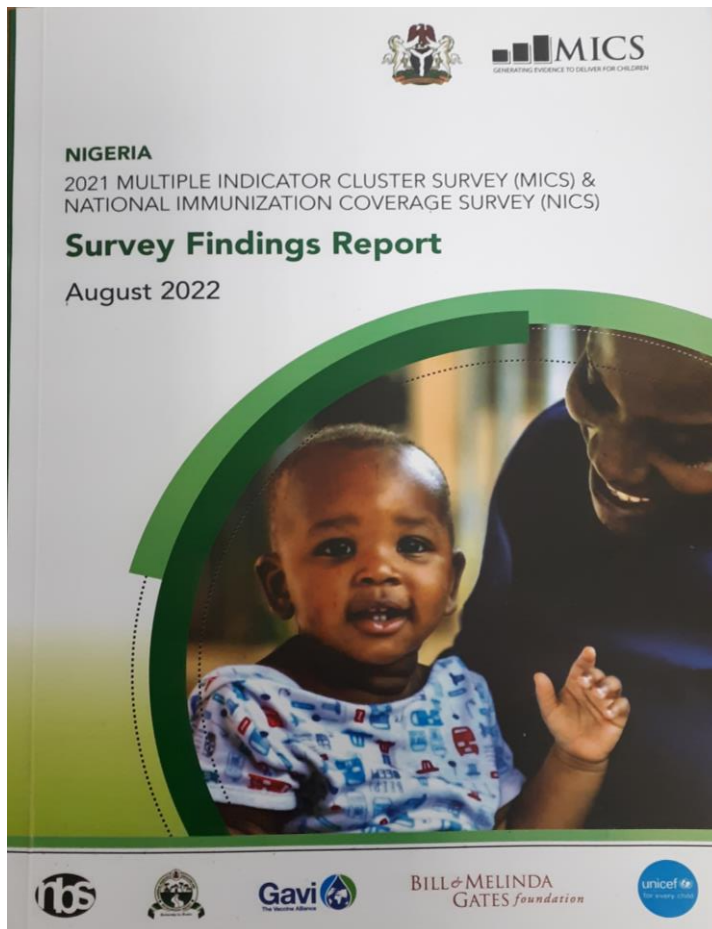


Multiple Indicator Cluster Survey (MICS 6, 2021)

Highlights of Nutrition Findings

Transcorp Hilton, Abuja
15th September 2022

MICS6 2021 Report: Cross Sectoral Data



Respondent characteristics

Child mortality

Reproductive and maternal health

Child health, **nutrition** and development

Learning

Protection from violence and exploitation

Safe and clean environment

Equity – child functioning, social transfers etc.



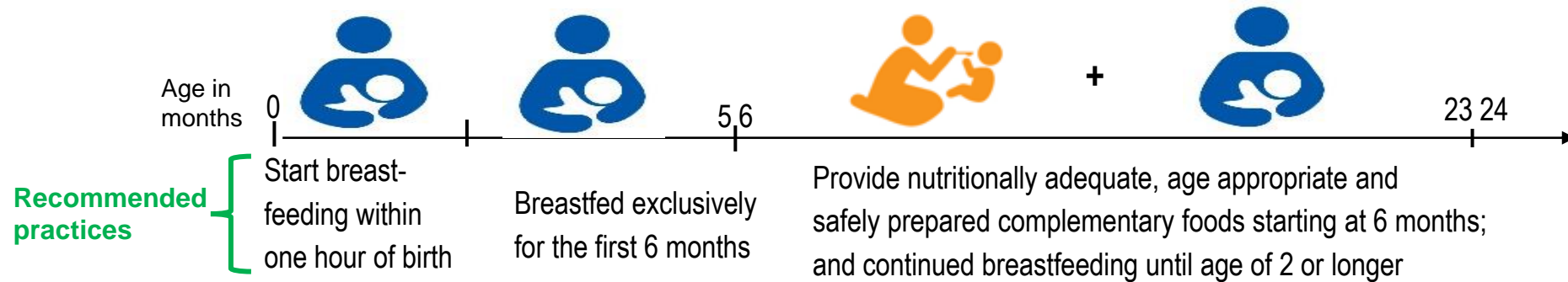
Data collection period: August to December 2021



Nutrition sample size: Children under five years: **31,000**

Access MICS6 reports here: <https://mics.unicef.org/>

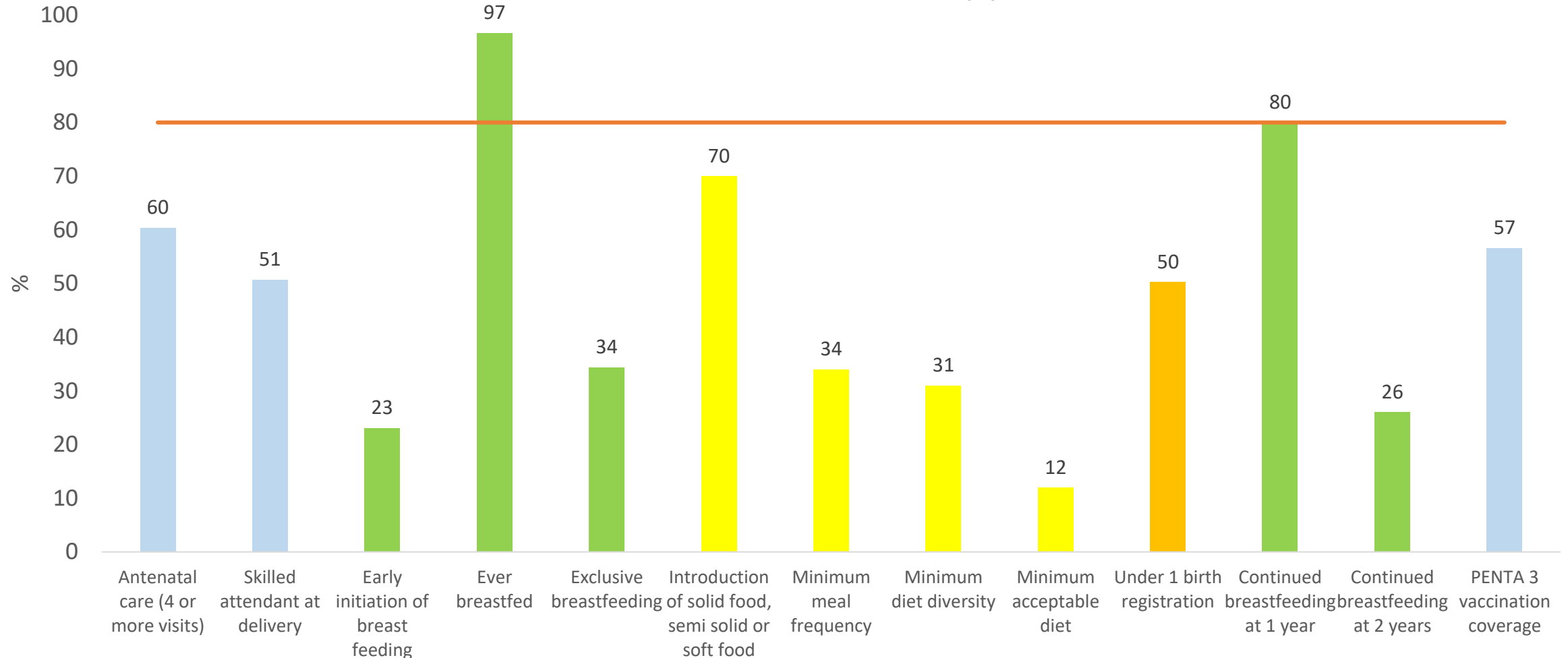
Key Infant and Young Child Nutrition indicators from MICS 2017 and MICS 2021.



<p>Early initiation of breast feeding</p> <p>Children ever breast fed</p>	<p>Exclusive breast feeding</p> <p>Introduction of solid, semi solid or soft food</p> <p>Bottle feeding</p>	<p>Continued breast feeding at 1 year</p> <p>Continued breast feeding at 2 years</p> <p>Minimum dietary diversity</p> <p>Minimum meal frequency</p> <p>Minimum acceptable diet</p>
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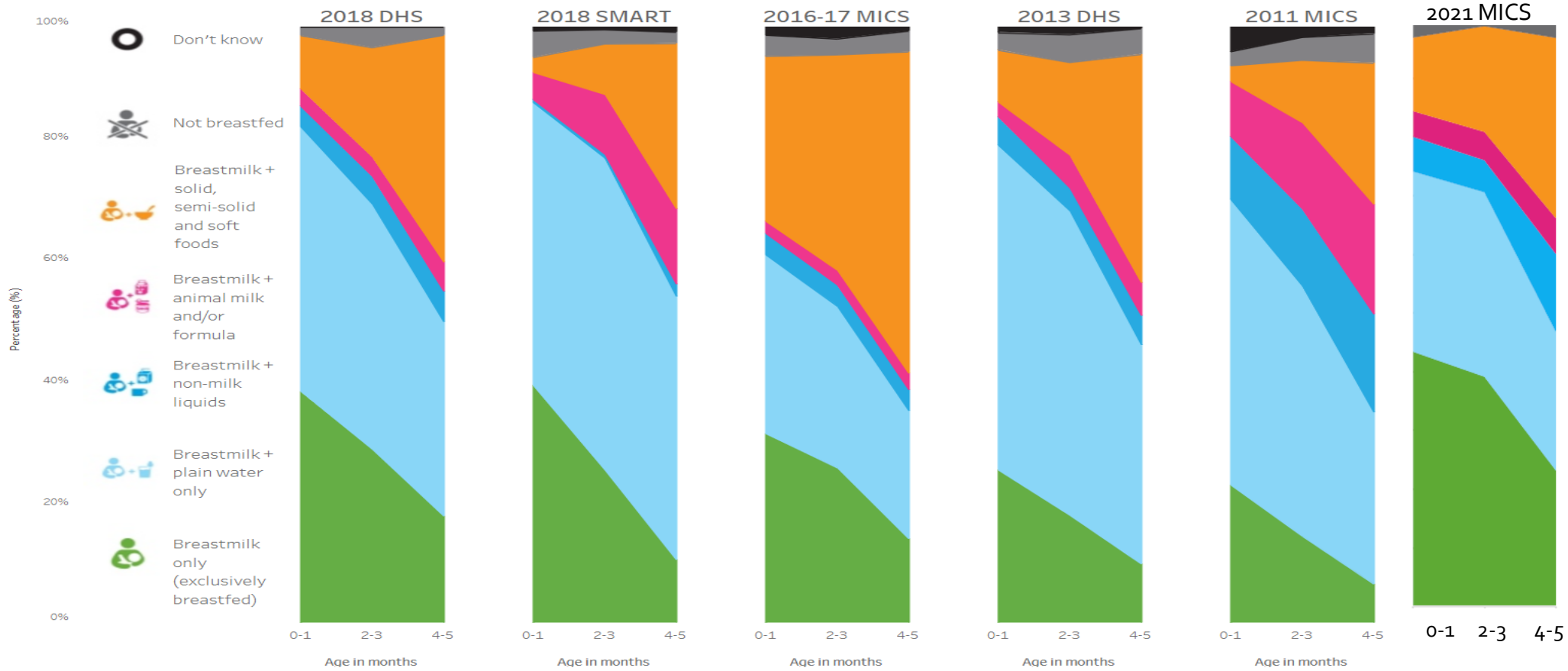
Health system presents opportunities in the first 1000 days

Selected MICS 6, 2021 indicators (%)



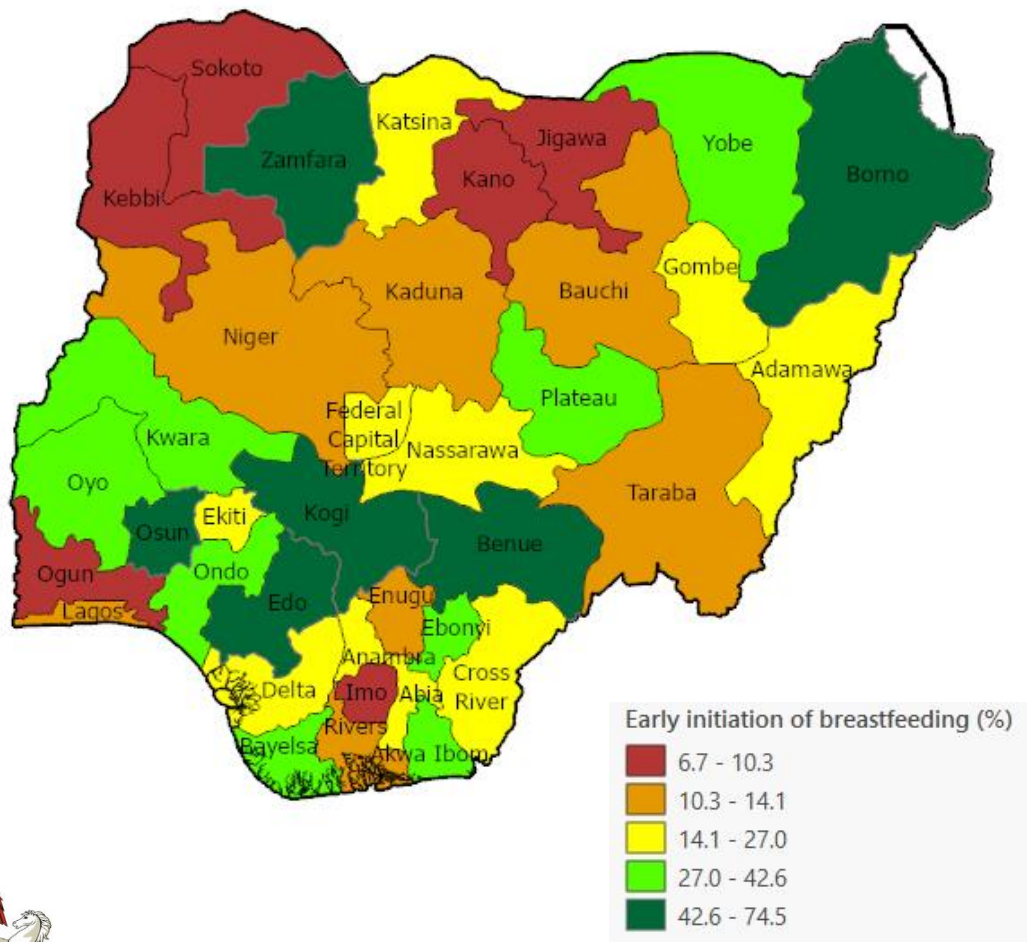
- Missed opportunity at the point of early initiation of breast feeding
- Early initiation is higher (30%) among children born in health facility than those born at home (19%)

Use of plain water is a main barrier to exclusive breast feeding

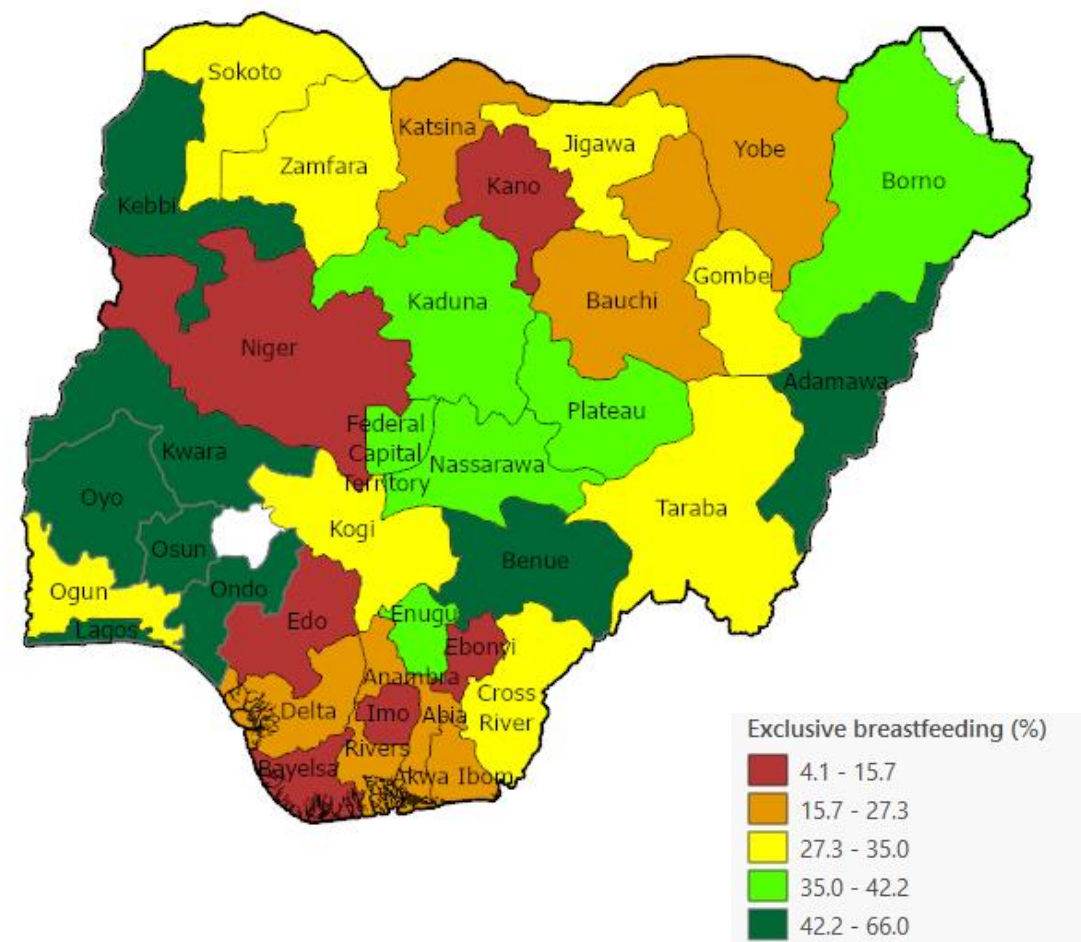


Breast feeding practices vary across the country

Early Initiation of Breastfeeding

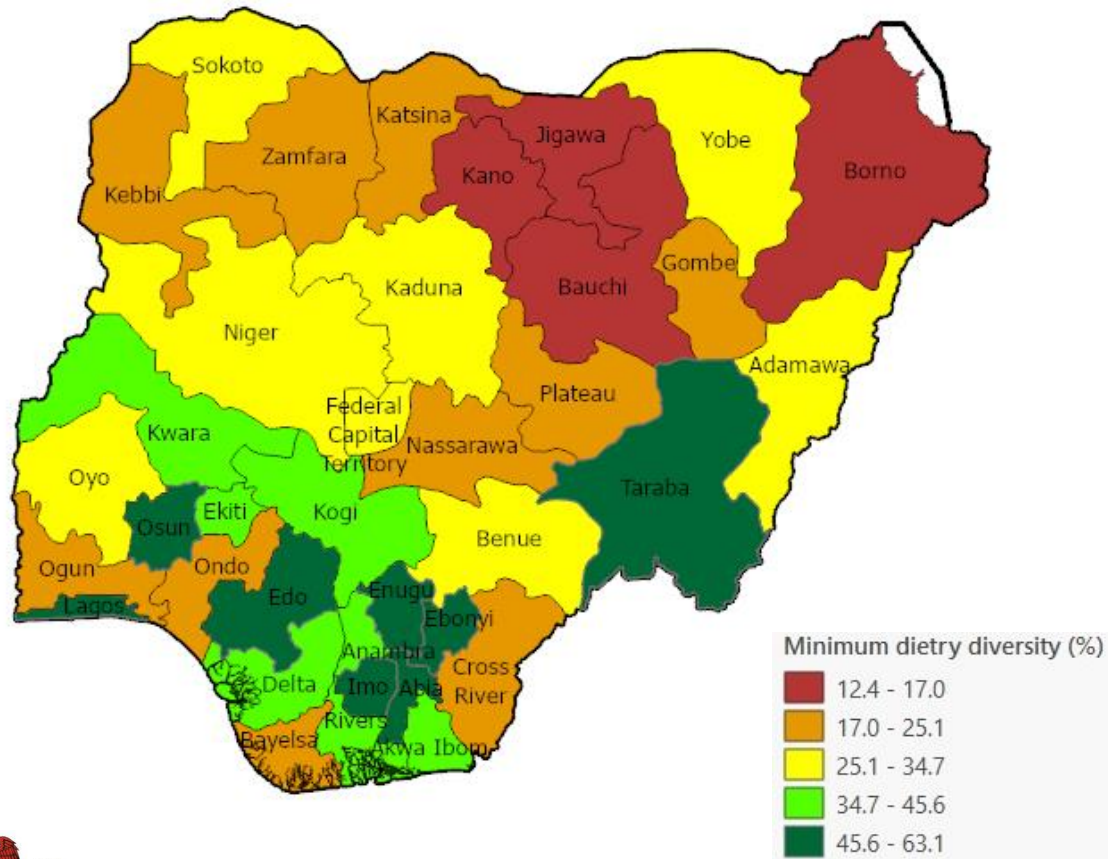


Exclusive Breastfeeding

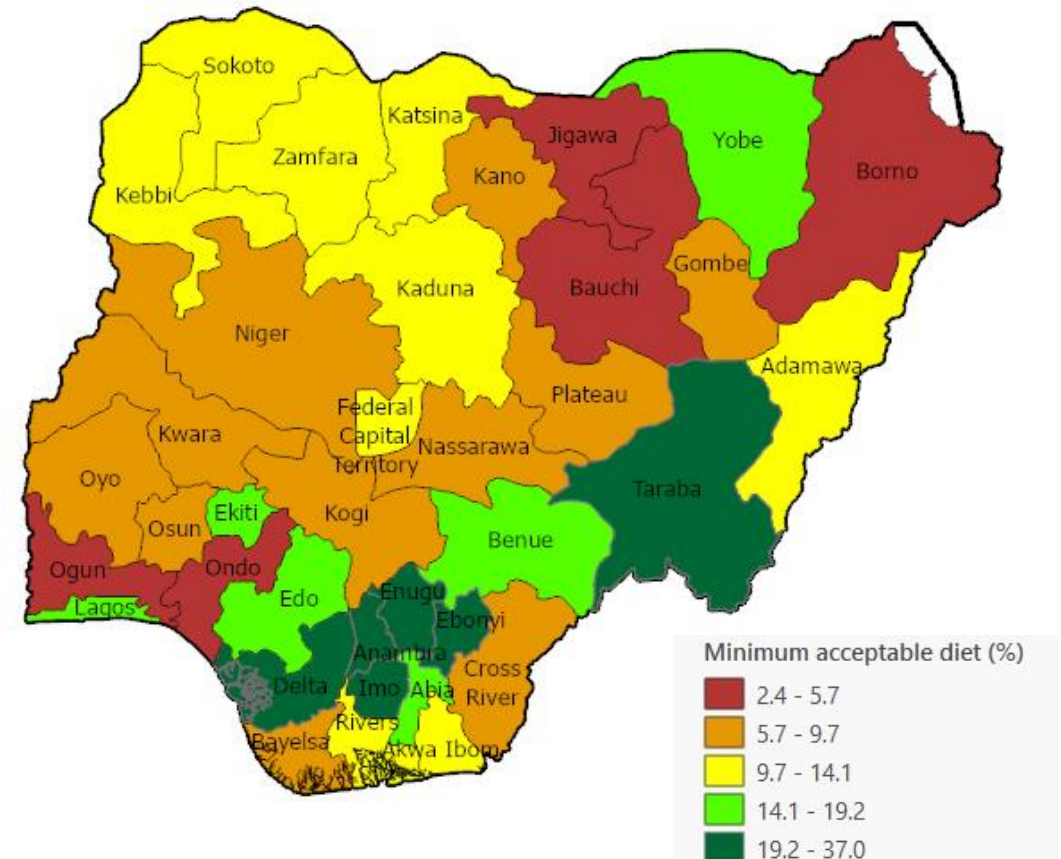


Child diet practices are lowest among states in the North East, North West & parts of South West

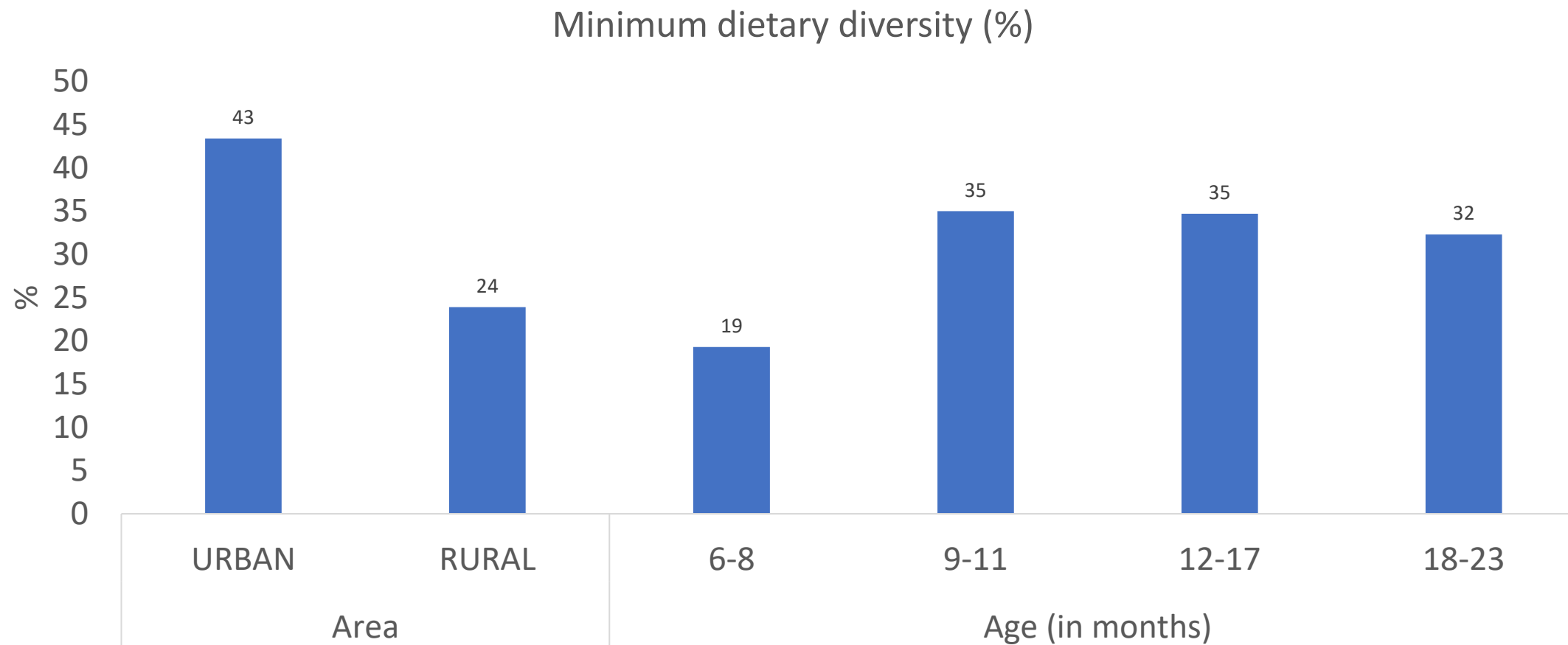
Minimum Dietary Diversity



Minimum Acceptable Diet

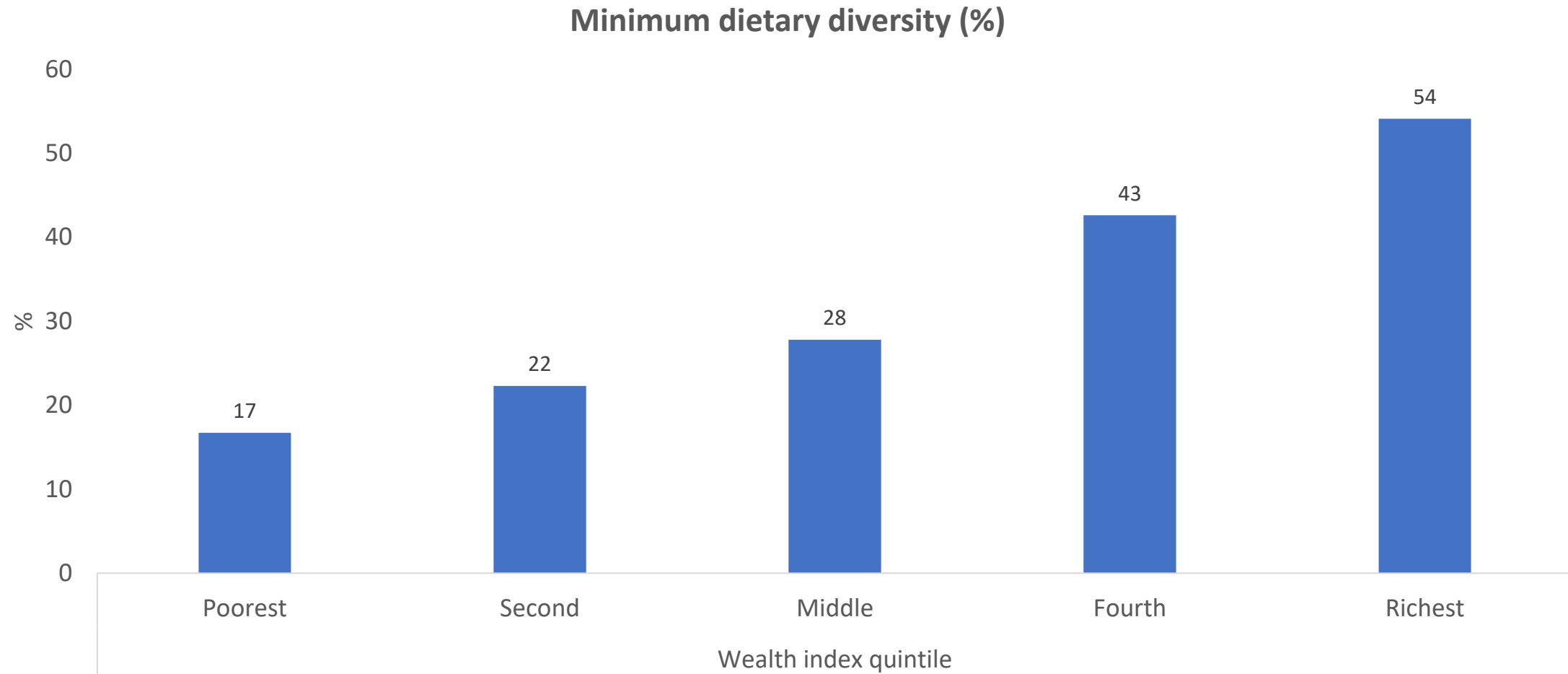


Fewer children are meeting the recommended diet diversity

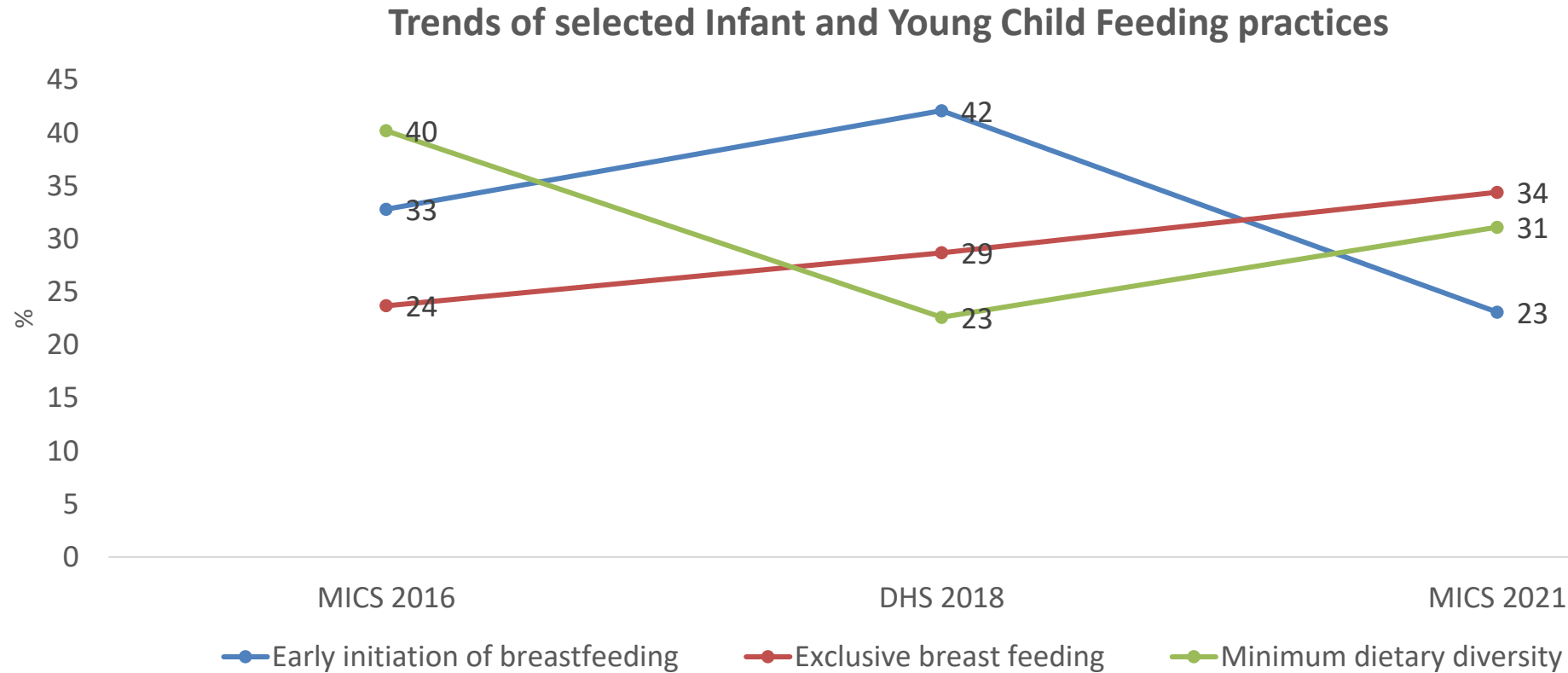


- Children in urban areas (43%) received at least 5 out of 8 food groups than those in rural (24%)
- Approximately 1 in 3 children received 5 out of 8 food groups across the ages (9-23 months)

Children from poor households are receiving less diversified diet



Young children are receiving suboptimal diets: 1 in 3 children are fed on diversified diet



- Early initiation of breastfeeding and diet diversity have reduced
- Use of plain water is a main barrier to exclusive breast feeding

Thank you....

Na gode....

O se..

Daalu nu

